



**PRESS RELEASE  
IOWA BOARD OF MEDICINE  
(March 3, 2021)**

Recently, the Iowa Board of Medicine took the following action:

**Troy E. Adolfson, M.D.**, a 50-year-old Iowa-licensed physician who formerly practiced radiation oncology in Aberdeen, South Dakota, and Ottumwa, Iowa, entered into a combined Statement of Charges and Settlement Agreement with the Board on February 18, 2021. On May 13, 2019, Dr. Adolfson pled guilty to one count of Distribution of a Controlled Substance (a felony) in the United States District Court, District of South Dakota, Northern District. The Indictment alleged that Dr. Adolfson wrote prescriptions for Oxycodone, which were filled by a coworker and two other individuals, and were returned to Dr. Adolfson in exchange for \$50.00 and some Oxycodone tablets. Dr. Adolfson was sentenced to 18 months in federal prison and ordered to pay a \$20,000 fine. Dr. Adolfson surrendered his South Dakota medical license effective November 15, 2018. Dr. Adolfson has been diagnosed with a substance abuse disorder and has successfully completed substance abuse treatment under the supervision of the Iowa Physician Health Program (IPHP). The IPHP reports that Dr. Adolfson's recovery has been successful and supports his return to the practice of medicine under the terms of this order. Under the terms of the February 18, 2021, combined Statement of Charges and Settlement Agreement, the Board alleged that Dr. Adolfson was convicted of a felony related to the practice of medicine in violation of the laws and rules governing the practice of medicine in Iowa. The Board issued Dr. Adolfson a Citation and Warning and ordered him to pay a \$2,500 civil penalty. The Board also prohibited Dr. Adolfson from prescribing, administering or dispensing controlled substances for the treatment of chronic pain and placed him on probation for a period of five (5) years subject to Board monitoring.

**Alan R. Bollinger, D.O.**, a 61-year-old Iowa-licensed physician who formerly practiced pain medicine in Des Moines and West Des Moines, Iowa, and currently practices addiction medicine in Des Moines, Iowa, had a Termination Order entered by the Board on February 15, 2021. On February 15, 2018, Dr. Bollinger entered into a combined Statement of Charges and Settlement Agreement with the Board. The Board alleged that Dr. Bollinger engaged in improper pain management in violation of the laws and rules governing the practice of medicine in Iowa. The Board issued Dr. Bollinger a Citation and Warning and ordered him to pay a \$5,000 civil penalty and complete a chronic pain management course and a record keeping course. The Board also placed Dr. Bollinger on probation for a period of three (3) years subject to Board monitoring. On February 15, 2021, Dr. Bollinger successfully completed the terms of his Board order, the terms of Dr.

Bollinger's Board order were terminated and his Iowa medical license was returned to its full privileges, free and clear of all restrictions.

[\*\*Sameer Gupta, M.D.\*\*](#) a 49-year-old Iowa-licensed family physician who formerly operated vein clinics in multiple locations in Minnesota and currently operates a vein clinic in St. Joseph, Missouri, had a Termination Order entered by the Iowa Board on February 18, 2021. On December 14, 2018, the Iowa Board filed a Statement of Charges against Dr. Gupta alleging that he entered into a voluntary agreement to restrict the practice of medicine and surgery in another state in violation of the laws and rules governing the practice of medicine in Iowa. On June 12, 2017, Dr. Gupta entered into a Stipulation and Order for Voluntary Surrender (the "Minnesota Order") with the Minnesota Board of Medical Practice (Minnesota Board). The Minnesota Board alleged that Dr. Gupta engaged in unethical and unprofessional conduct in violation of the laws and rules governing the practice of medicine in Minnesota, including improper delegation of patient evaluations and development of treatment plans, performance of procedures without sufficient patient evaluation, performance of excessive or unnecessary procedures, and improper billing practices, including fee splitting. Dr. Gupta denied the Minnesota Board's allegations. Under the terms of the June 12, 2017, Stipulation and Order for Voluntary Surrender, Dr. Gupta agreed to voluntarily surrender his Minnesota medical license to resolve the pending matter. On August 2, 2019, Dr. Gupta entered into a Settlement Agreement with the Iowa Board. The Iowa Board issued Dr. Gupta a Citation and Warning and ordered him to pay a \$2,500 civil penalty and complete a Board-approved professional ethics program. On February 18, 2021, the Iowa Board determined that Dr. Gupta successfully completed the terms of his Iowa Board Order.

[\*\*Linda M. Iler, M.D.\*\*](#) a 68-year-old Iowa-licensed physician who currently practices family medicine and emergency medicine in Carroll, Iowa, entered into a Settlement Agreement with the Board on February 18, 2021. On May 29, 2019, the Board issued a Confidential Clinical Competency Evaluation Order requiring Dr. Iler to successfully complete a comprehensive clinical competency evaluation within ninety days. Dr. Iler failed to complete the Board-ordered evaluation. On December 20, 2019, the Board filed a Statement of Charges alleging that Dr. Iler violated the terms of the May 29, 2019, Confidential Clinical Competency Evaluation Order when she failed to complete the Board-ordered evaluation. Under the terms of the February 18, 2021, Settlement Agreement, the Board issued Dr. Iler a Citation and Warning and ordered her to pay a \$2,000 civil penalty and Dr. Iler agreed to successfully complete a Board-approved comprehensive clinical competency evaluation at the next available appointment and fully comply with the recommendations of the evaluation program.

[\*\*Janice A. Kirsch, M.D.\*\*](#) a 57-year-old Iowa-licensed physician who practices family medicine in Mason City, Iowa, had a Termination Order entered by the Board on February 15, 2021. On February 15, 2018, Dr. Kirsch entered into a combined Statement of Charges and Settlement Agreement with the Board. The Board alleged that Dr. Kirsch engaged in improper pain management in violation of the laws and rules governing the practice of medicine in Iowa. The Board issued Dr. Kirsch a Citation and Warning and ordered her to pay a \$5,000 civil penalty and complete a chronic pain management course and a record keeping course. The Board also placed Dr. Kirsch on probation for a period of three (3) years subject to Board monitoring. On February 15, 2021, Dr. Kirsch successfully completed the terms of her Board Order, the terms of Dr. Kirsch's Board Order were terminated and her Iowa medical license was returned to its full privileges, free and clear of all restrictions.

[William E. Olson, M.D.](#), a 55-year-old Iowa-licensed physician who practices family medicine in Mason City, Iowa, had an Amended Statement of Charges filed by the Board on February 18, 2021. On December 10, 2020, the Board filed a Statement of Charges against Dr. Olson alleging that he engaged in professional incompetency in violation of the laws and rules governing the practice of medicine in Iowa. Under the terms of the February 18, 2021, Amended Statement of Charges the Board further alleged that Dr. Olson was disciplined in another jurisdiction in violation of the laws and rules governing the practice of medicine in Iowa. A contested case hearing will be scheduled in the future.

[Adam B. Smith, M.D.](#), a 40-year-old Iowa-licensed physician who formerly practiced plastic surgery in Sioux City, Iowa, entered into a Settlement Agreement with the Iowa Board on February 18, 2021. On July 18, 2019, the Board filed a Statement of Charges against Dr. Smith alleging that he failed to provide appropriate surgical care to seventeen patients in Sioux City, Iowa, between December 2014 and September 2017, including, but not limited to, the following aspects of care: patient selection; surgical choice; informed consent; surgical execution; surgical judgement and decision making; postoperative care; excessive narcotics, anxiolytics and/or hypnotics prescribing; medical record keeping; and coding and billing practices. On November 19, 2020, the Iowa Board filed an Amended Statement of Charges further alleging that Dr. Smith's South Dakota medical license was suspended due the suspension of Dr. Smith's clinical privileges. Under the terms of the February 18, 2021, Settlement Agreement, Dr. Smith voluntarily surrendered his Iowa medical license to resolve this matter.

[Donald R. Wirtanen, D.O.](#), a 62-year-old Iowa-licensed physician who practices family medicine in Bloomfield, Iowa, had a Termination Order entered by the Board on February 15, 2021. On February 15, 2018, Dr. Wirtanen entered into a combined Statement of Charges and Settlement Agreement with the Board. The Board alleged that Dr. Wirtanen engaged in improper pain management in violation of the laws and rules governing the practice of medicine in Iowa. The Board issued Dr. Wirtanen a Citation and Warning and ordered him to pay a \$5,000 civil penalty and complete a chronic pain management course and a record keeping course. The Board also placed Dr. Wirtanen on probation for a period of three (3) years subject to Board monitoring. On February 15, 2021, Dr. Wirtanen successfully completed the terms of his Board Order, the terms of Dr. Wirtanen's Board Order were terminated and his Iowa medical license was returned to its full privileges, free and clear of all restrictions.

[Nisreen Yaghmour, M.D.](#), a 36-year-old physician who formerly practiced cardiovascular medicine in Reno, Nevada, entered into an Amended Consent Agreement with the Iowa Board on March 2, 2021. On November 10, 2020, Dr. Yaghmour entered into a Consent Agreement with the Iowa Board and was issued a permanent Iowa medical license. On August 13, 2018, Dr. Yaghmour was granted privileges and medical staff membership in the specialty of cardiovascular disease at Saint Mary's Regional Medical Center ("Saint Mary's") in Reno, Nevada. On February 8, 2019, Saint Mary's temporarily suspended Dr. Yaghmour's privileges, and on February 20, 2019, placed restrictions on Dr. Yaghmour's clinical privileges. The restrictions required proctoring of Dr. Yaghmour's next five clinical cardiac electrophysiology cases. Under the terms of November 10, 2020, Consent Agreement, Dr. Yaghmour's first five clinical cardiac electrophysiology cases in Iowa had to be proctored by a Board-approved physician who specializes in cardiovascular medicine. Under the terms of the March 2, 2021, Amended Consent Agreement the terms of the previous Consent Agreement are terminated and Dr. Yaghmour agreed that she shall not perform clinical electrophysiology procedures under her Iowa medical license.

When appropriate, disciplinary actions are reported to the National Practitioner Data Bank, an electronic repository administered by the U.S. Health Resources and Services Administration to track adverse license actions.

**CONSUMER COMPLAINTS:** Consumers can submit complaints against physicians at <https://medicalboard.iowa.gov/consumers/filing-complaint>, by calling (515) 281-5847 or mail to 400 SW 8<sup>th</sup> Street, Suite C, Des Moines, IA 50309.

To view these actions, please visit our Find a Physician page at the link below:  
<https://eservices.iowa.gov/PublicPortal/iowa/IBM/licenseQuery/LicenseQuery.jsp?Profession=Physician>