PRESS RELEASE
IOWA BOARD OF MEDICINE
(Feb. 17, 2020)

Recently, the Iowa Board of Medicine took the following action:

Patrick Kin-Lee Chau, M.D., a 67-year-old physician who practices psychiatry in Vancouver, Washington, entered into a Consent Agreement with the Iowa Board on February 13, 2020. On May 25, 2006, the Washington Medical Quality Assurance Commission (Washington Commission) summarily suspended Dr. Chau’s Washington medical license pending further investigation of allegations that Dr. Chau inappropriately prescribed amphetamine and/or methamphetamine for weight loss and/or depression, failed to properly monitor patients while on these medications, failed to maintain accurate medical records for these patients, and failed to conduct appropriate testing and evaluations, resulting in a substantial threat of harm to his patients. On November 8, 2006, the Washington Commission reinstated Dr. Chau’s Washington medical license, and placed him on probation for a period of two years after finding that Dr. Chau’s treatment of the patients at issue fell below the standard of care. On December 27, 2006, the Medical Board of California (California Board) filed an accusation based on the 2006 disciplinary action taken by the Washington Commission. On March 1, 2007, Dr. Chau and the California Board entered into a stipulated agreement whereby Dr. Chau surrendered his California medical license. On July 15, 2008, the Washington Commission found that an immediate danger to the public health, safety, or welfare existed if Dr. Chau’s medical license remained unrestricted, and entered a summary order restricting Dr. Chau from prescribing any benzodiazepines, thyroid medications, or stimulants pending final resolution of the pending matter. On October 15, 2009, the Washington Commission found that Dr. Chau engaged in unprofessional conduct and violated the terms of his probation by prescribing large doses and large amounts of addicting medication, failed to obtain necessary medical records for his patients, failed to document patient pain complaints, failed to appropriately monitor his patients, and failed to produce records in response to the Washington Commission’s investigation. The Washington Commission again placed Dr. Chau’s medical license on probation indefinitely, until he completed the terms of his probation. On November 15, 2012, the Washington Commission found that Dr. Chau again engaged in unprofessional conduct and violated the terms of his probation by improperly prescribing medications and failing to record his treatment of two patients. The Washington Commission again placed Dr. Chau on probation. On November 3, 2017, Dr. Chau completed the terms of his probation. On February 13, 2020, the Iowa Board granted Dr. Chau a permanent Iowa medical license and issued him a Citation and Warning for failing to meet the minimum standard of care with respect to the care of his patients in Washington, as described above.
Roy A. Doorenbos, M.D., a 64-year-old Iowa-licensed physician who formerly practiced family medicine in Grinnell, Iowa, entered into a Settlement Agreement with the Board on February 6, 2020. On December 15, 2017, the Board filed a Statement of Charges alleging that Dr. Doorenbos engaged sexual misconduct in violation of the laws and rules governing the practice of medicine in Iowa when he engaged in inappropriate sexual contact with a female patient, who was also a family friend and was staying at his home, on multiple occasions in March 2017. On or about April 12, 2019, Dr. Doorenbos was found guilty of Assault with Intent to Commit Sexual Abuse and Assault. Dr. Doorenbos was sentenced to two years in prison. Under the terms of the February 6, 2020, Settlement Agreement, Dr. Doorenbos voluntarily surrendered his Iowa medical license, was issued a Citation and Warning and agreed to pay a $10,000 civil penalty.

Nicky Shah, M.D., a 52-year-old Iowa-licensed physician who currently practices internal medicine in San Francisco, California, had a Statement of Charges filed against him by the Board on February 6, 2020. On April 3, 2013, Dr. Shah was ticketed for speeding in excess of 95 mph near Chico, California. Dr. Shah allegedly told the California Highway Patrol officer that he was on his way to a medical emergency when, in fact, he was just late for work. Dr. Shah subsequently submitted a letter to the District Attorney’s Office requesting dismissal of the speeding ticket and Dr. Shah’s letter allegedly contained fabricated information regarding the reported medical emergency on the day Dr. Shah was ticketed for speeding. On May 9, 2017, Dr. Shah was found guilty of one felony count of Offering False Evidence and one felony count of Preparing False Documentary Evidence. On September 28, 2017, Dr. Shah was sentenced to 36 months formal probation with terms and conditions. Dr. Shah has appealed the criminal convictions. A hearing is scheduled on April 10, 2020.

When appropriate, disciplinary actions are reported to the National Practitioner Data Bank, an electronic repository administered by the U.S. Health Resources and Services Administration to track adverse license actions.

CONSUMER COMPLAINTS: Consumers can submit complaints against physicians at https://medicalboard.iowa.gov/consumers/filing-complaint, by calling (515) 281-5847, or mail to 400 SW 8th Street, Suite C, Des Moines, IA 50309.

To view this action, please visit our Find a Physician page at the link below: https://eservices.iowa.gov/PublicPortal/Iowa/IBM/licenseQuery/LicenseQuery.jsp?Profession=Physician