



# STATE OF IOWA

TERRY BRANSTAD, GOVERNOR  
KIM REYNOLDS, LT. GOVERNOR

IOWA BOARD OF MEDICINE  
MARK BOWDEN, EXECUTIVE DIRECTOR

December 10, 2014

## CERTIFIED MAIL

Amy D. Putney  
3120½ Kimball Avenue  
Waterloo, IA 50702

File No. 01-13-518

## NOTICE TO CEASE AND DESIST

Dear Ms. Putney:

Recently, the Iowa Board of Medicine (Board) reviewed information which indicates that you have engaged in the unauthorized practice of medicine in violation of the laws and rules governing the practice of medicine in Iowa. The information reviewed by the Board indicates that you have performed electroencephalograms (EEGs) and quantitative electroencephalograms (QEEGs) and provided neurofeedback treatment to patients with attention deficit disorder (ADD), attention deficit hyperactivity disorder (ADHD), learning disorders, sleep disorders, migraines and other health and mental health conditions. After careful consideration, the Board concluded that these services constitute the practice of medicine. The Board noted that you have not graduated from an accredited medical school and you do not hold an active Iowa medical license.

Pursuant to Iowa Code Section 148.1, a person who is engaged in the practice of medicine in Iowa must hold an active Iowa medical license. See Iowa Code Section 147.2. In the event a person engages in the unauthorized practice of medicine, the Office of the Iowa Attorney General is authorized to file a civil action against that person in district court to obtain a permanent injunction prohibiting that person from engaging in the unauthorized practice of medicine. See Iowa Code Sections 147.83 and 147.92. Furthermore, the unlicensed practice of medicine could subject you to criminal charges. Iowa Code Section 147.103A(1) provides that violation of Iowa Code Section 147.2 is a Class "D" felony.

You are hereby ordered to **CEASE AND DESIST** from engaging in the unauthorized practice of medicine in Iowa. If the Board receives information which indicates that you have engaged in the practice of medicine in Iowa after the date you receive this letter, the Board will refer this matter to the Office of the Iowa Attorney General to initiate a civil injunction action and to the Black Hawk

County Attorney's Office for criminal prosecution.

I strongly advise you to contact your attorney to seek advice regarding this matter. Please contact Kent M. Nebel, J.D., Director of Legal Affairs, Iowa Board of Medicine, at 515-281-7088 or [kent.nebel@iowa.gov](mailto:kent.nebel@iowa.gov) if you have any questions or concerns.

Sincerely,

A handwritten signature in black ink, appearing to read 'Hamed H. Tewfik', written over a horizontal line.

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Hamed H. Tewfik, M.D., Chairman  
Iowa Board of Medicine  
400 SW 8<sup>th</sup> Street, Suite C  
Des Moines, Iowa 50309-4686