



**PRESS RELEASE
IOWA BOARD OF MEDICINE
(November 23, 2020)**

Recently, the Iowa Board of Medicine took the following action:

Dara Parvin, M.D., a 54-year-old Iowa-licensed physician who formerly practiced orthopedic surgery in Dubuque, Iowa, entered into a combined Statement of Charges and Settlement Agreement with the Board on November 19, 2020. The Board alleged that Dr. Parvin engaged in unprofessional conduct in violation of the laws and rules governing the practice of medicine in Iowa. The Board alleged that following the overconsumption of alcohol, Dr. Parvin sent suggestive social media messages and made unwanted advances toward a female patient who he had briefly seen in his office several years prior and referred on to another specialist. The contact was made outside of work hours and outside of a work setting. The Board alleged that Dr. Parvin sent suggestive text messages and social media messages to, and made inappropriate comments and unwanted advances toward, a colleague. The Board also alleged that Dr. Parvin sent suggestive text messages and social media messages to, and made inappropriate comments and unwanted advances toward, co-workers. Under the terms of the November 19, 2020, combined Statement of Charges and Settlement Agreement, the Board issued Dr. Parvin a Citation and Warning and ordered him to pay a \$1,500 civil penalty. The Board also prohibited Dr. Parvin from using social media to contact any patient outside of the physician-patient relationship or to make unwanted advances toward colleagues or co-workers. The Board also placed Dr. Parvin on probation for a period of two years subject to professional boundaries counseling and Board monitoring.

Adam B. Smith, M.D., a 40-year-old Iowa-licensed physician who formerly practiced plastic surgery in Sioux City, Iowa, had a pending Statement of Charges amended by the Board on November 19, 2020. On July 18, 2019, the Board issued a Statement of Charges against Dr. Smith alleging that he engaged in professional incompetency; practice harmful and detrimental to the public; unprofessional conduct; inappropriate prescribing; improper management of medical records; and knowingly making misleading, deceptive, untrue or fraudulent representations in the practice of medicine, in violation of the laws and rules governing the practice of medicine in Iowa. On November 19, 2020, the Board issued an Amended Statement of Charges adding new allegations against Dr. Smith. A contested case hearing shall be scheduled in the future.

Nisreen Yaghmour, M.D., a 36-year-old physician who formerly practiced cardiovascular medicine in Reno, Nevada, entered into a Consent Agreement with the Iowa Board and

was issued a permanent Iowa medical license on November 10, 2020. On August 13, 2018, Dr. Yaghmour was granted privileges and medical staff membership in the specialty of cardiovascular disease at Saint Mary's Regional Medical Center ("Saint Mary's") in Reno, Nevada. On February 8, 2019, Saint Mary's temporarily suspended Dr. Yaghmour's privileges, and on February 20, 2019, placed restrictions on Dr. Yaghmour's clinical privileges. The restrictions required proctoring of Dr. Yaghmour's next five clinical cardiac electrophysiology cases. Under the terms of November 10, 2020, Consent Agreement, Dr. Yaghmour's first five clinical cardiac electrophysiology cases in Iowa must be proctored by a Board-approved physician who specializes in cardiovascular medicine.

When appropriate, disciplinary actions are reported to the National Practitioner Data Bank, an electronic repository administered by the U.S. Health Resources and Services Administration to track adverse license actions.

CONSUMER COMPLAINTS: Consumers can submit complaints against physicians at <https://medicalboard.iowa.gov/consumers/filing-complaint>, by calling (515) 281-5847 or mail to 400 SW 8th Street, Suite C, Des Moines, IA 50309.

To view these actions, please visit our Find a Physician page at the link below: <https://eservices.iowa.gov/PublicPortal/iowa/IBM/licenseQuery/LicenseQuery.jsp?Profession=Physician>