

IOWA PHYSICIAN HEALTH PROGRAM

The Iowa Physician Health Program (IPHP) was established in 1996 to support physicians who self-report mental health issues, physical disabilities or substance use disorders. The advocacy and confidential monitoring program is administered by the Iowa Physician Health Committee, which is appointed by the Board of Medicine. Participants sign contracts agreeing to adhere to the strict guidelines. The program's overarching goals are supporting physicians who seek the program's assistance, protecting the public by carefully monitoring physicians with diagnosed impairments that may affect their abilities to practice, and maintaining credibility with the Board and the public by accountability and responsible application of authority. The committee and program are defined in Iowa Administrative Code 653 Chapter 14. Committee members receive a per diem and expenses.



The committee held seven meetings in 2015 and met with 62 program participants. The program's budget of \$171,038 in FY2016 is funded entirely with licensure fees. Licensees do not pay additionally to participate in the program, but they are responsible for all costs associated with drug screening, therapy, treatment and so forth.

Staff members of the Board manage the program, and the committee's co-chairs and legal counsel provide guidance on case issues. **Members of the committee in 2015:**

- Laura Van Cleve, D.O., Grinnell, co-chair
- Lester Yen, M.D., West Des Moines, co-chair
- Raymond Harre, M.D., Davenport
- Sasha Khosravi, D.O., Grimes
- Jeff Kerber, Ph.D., West Des Moines, licensed marriage and family therapist
- Lynn Martin, Ph.D., Des Moines, licensed marriage and family therapist
- Doug Peters, M.Div., Iowa City
- Julie Scheib, B.A.S., Spirit Lake, alcohol and drug counselor
- Mark Bowden, M.P.A., executive director, Board of Medicine

Amy Van Maanen, L.B.S.W. is the program's coordinator and Emily Zalasky, L.B.S.W. is the program's case manager. Sara Scott, an assistant Iowa Attorney General, provides legal counsel for the program.

	IPHP		http://iphp.iowa.gov/		
(Totals on December 31)	<u>2014</u>	<u>2015</u>	<u>2014</u>	<u>2015</u>	
Active Participants	84	60	Substance use	11	14
In review for eligibility	*N/A	10	Mental health	17	13
Physicians	*N/A	59	Physical condition	10	7
Resident physicians	*N/A	11	Dual diagnosis	23	24
Acupuncturist	1	0	Physical & mental health	3	2
			Discharged	40	58
			Noticed for violations	6	0

**These statistics were not tracked prior to 2015*