

**PRESS RELEASE**  
**IOWA BOARD OF MEDICINE**  
**(February 14, 2014)**

**PUBLIC DOCUMENTS: Please click on the physician's name to access a link to a copy of the public documents for this physician.**

Recently, the Iowa Board of Medicine took the following actions:

[Lynette I. Iles, M.D.](#), a 49 year-old Iowa-licensed physician who practices family medicine in Washington, Iowa, completed the period of her probation on February 12, 2014. On February 12, 2009, Dr. Iles entered into a combined Statement of Charges and Settlement Agreement with the Board to resolve a pending disciplinary matter. The Board charged Dr. Iles with failing to provide appropriate treatment to patients with chronic pain and failing to maintain appropriate professional boundaries with patients. The Board placed Dr. Iles on probation for a period of five years subject to counseling and Board monitoring and issued her a Citation and Warning. On January 24, 2014, the Board filed a new Statement of Charges against Dr. Iles charging her with professional incompetency and violation of a Confidential Evaluation Order. The new charges are pending resolution. On February 12, 2014, the Board issued an order terminating the terms of Dr. Iles probation.

[Vallie M. Kaprelian, M.D.](#), a 57-year-old physician who currently practices emergency medicine in Antigo, Wisconsin, entered into a Consent Agreement with the Board on February 13, 2014. On November 6, 2013, Dr. Kaprelian submitted an application for a permanent Iowa medical license and the Board received information which indicates that he engaged in unprofessional conduct when he inappropriately accessed the medical records of two individuals who were not under his care in violation of patient privacy standards. Under the terms of the February 13, 2014, Consent Agreement, the Board granted Dr. Kaprelian a permanent Iowa medical license and issued him a Citation and Warning and ordered him to pay a \$2,500 civil penalty.

[Nathan Singer, M.D.](#), a 59-year-old Iowa-licensed physician who currently practices anesthesia and internal medicine in Santa Maria, California, had formal disciplinary charges dismissed by the Iowa Board on February 13, 2014. Dr. Singer was granted an Iowa medical license on July 1, 1985, and his license went inactive due to nonrenewal on September 1, 2002. On July 28, 2011, Dr. Singer entered into a Stipulated Settlement and Disciplinary Order with the Medical Board of California (California Board). The California Board alleged that Dr. Singer prescribed excessive opioids to two patients in California between 2003 and 2008. The California Board placed Dr. Singer on probation for a period of two years and eleven months and ordered him to complete continuing medical education for appropriate prescribing and medical record keeping. Dr. Singer was prohibited from supervising physician assistants during the period of probation. On September 26, 2013, the Iowa Board charged Dr. Singer with being disciplined by the California Board. On December 10, 2013, Dr. Singer filed a Motion to Dismiss the Statement of Charges. Dr. Singer asserted that the Board should dismiss its charges because: he has never resided in Iowa, has never practiced in Iowa, and never intends to practice in Iowa; his Iowa medical license has been inactive since 2002 and he is prohibited from practicing in Iowa; and the Board has had a published policy that permitted the Board to choose not to file formal disciplinary action in out-of-state disciplinary cases when the physician does not have an active Iowa medical license, has not recently resided and/or practiced in Iowa, the action taken by the other medical board is a public record; and there is not an immediate threat to the public. Oral argument was held before the Board on January 23, 2014. After careful consideration of the specific circumstances of this case, the Board voted to dismiss the Statement of Charges without prejudice. The Board noted that Dr. Singer's Iowa medical license went inactive due to

nonrenewal on September 1, 2002. He has never resided in Iowa, has never practiced medicine in Iowa, and has represented that he will never practice medicine in Iowa. The California disciplinary action is a public record. The California disciplinary action was limited to two patients and involves conduct that occurred more than five years ago. The concerns in California have been addressed by the California Board, Dr. Singer has taken significant steps to remediate the concerns, and Dr. Singer does not present a risk to the health and safety of patients in Iowa. Finally, if Dr. Singer chooses to reactivate his Iowa medical license in the future, the Board reserves the right to re-file the Statement of Charges. On February 13, 2014, the Board issued an Order dismissing the charges against Dr. Singer.

**When appropriate, disciplinary actions are reported to the National Practitioner Data Bank, an electronic repository administered by the U.S. Health Resources and Services Administration to track adverse license actions.**

**CONSUMER COMPLAINTS: Consumers can submit complaints against physicians through the Board's Website at [www.medicalboard.iowa.gov](http://www.medicalboard.iowa.gov), by calling (515) 281-5847, or by mail at 400 SW 8<sup>th</sup> Street, Suite C, Des Moines, IA 50309-4686.**