

IOWA BOARD OF MEDICAL EXAMINERS PRESS RELEASE

For release, July 1, 2005

Recently, the Iowa Board of Medical Examiners took the following action:

Theodore J. Anfinson, M.D., a 50 year-old psychiatrist formerly practicing in Iowa City, Iowa, had his license reinstated by the Board. On April 3, 2003, the Board charged Dr. Anfinson with engaging in unethical conduct or practice harmful or detrimental to the public for engaging in an inappropriate sexual relationship with a patient. Dr. Anfinson subsequently married the patient. On March 30, 2004, Dr. Anfinson entered into a Settlement Agreement with the Board to resolve the pending disciplinary charges. Under the terms of the Settlement Agreement, Dr. Anfinson's Iowa medical license was suspended indefinitely. Dr. Anfinson subsequently completed a professional sexual misconduct evaluation and treatment at a Board-approved program and the program concluded that he is safe to return to the practice of medicine subject to certain monitoring conditions. On April 24, 2005, Dr. Anfinson completed a substance abuse evaluation at a Board-approved program and the program concluded that he is safe to return to the practice of medicine subject to certain monitoring conditions. Under the terms of the Reinstatement Order, Dr. Anfinson paid a \$5,000 civil penalty and his Iowa medical license was placed on indefinite probation subject to certain monitoring requirements.