



Fields of Opportunities

STATE OF IOWA

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TERRY BRANSTAD, GOVERNOR  
KIM REYNOLDS, LT. GOVERNOR

IOWA BOARD OF MEDICINE  
MARK BOWDEN, EXECUTIVE DIRECTOR

## **CMEs identified for chronic pain management, end-of-life care**

Iowa-licensed physicians are required to complete 2 hours of Category 1 activity for chronic pain management and 2 hours of Category 1 activity for end-of-life care every five years. These requirements, which became effective August 17, 2011, are for physicians who provide primary care to patients (e.g., emergency physicians, family physicians, general practice physicians, internists, neurologists, pain medicine specialists, psychiatrists).

Physicians who had permanent Iowa licenses on August 17, 2011, have until August 17, 2016, to complete the training, and then once every five years thereafter. Physicians who receive an Iowa medical license after August 17, 2011, must complete the training within five years of the date of issuance, and then once every five years thereafter.

A list of CME activity that may be applicable to these requirements can be found on the Board's [website](#). Physicians are encouraged to ascertain the accreditation of these educational activities and their maximum credit values. The activities [listed](#) are not the only sources for CME activity on these topics. Physicians are also encouraged to check with their medical associations to access additional applicable CMEs on chronic pain management and end-of-life care. Please contact the Board at (515) 281-5171 or [ibm@iowa.gov](mailto:ibm@iowa.gov) if you have CME activity to recommend for this list.