

IOWA PHYSICIAN HEALTH PROGRAM

The Iowa Physician Health Program (IPHP) was established in 1996 to support physicians who self-report mental health issues, physical disabilities or substance use disorders. The advocacy and confidential monitoring program is administered by the Iowa Physician Health Committee, which is appointed by the Board of Medicine. Participants sign contracts agreeing to adhere to the strict guidelines. The program’s overarching goals are supporting physicians who seek the program’s assistance, protecting the public by carefully monitoring physicians with diagnosed impairments that may affect their abilities to practice, and maintaining credibility with the Board and the public by accountability and responsible application of authority. The committee and program are defined in Iowa Administrative Code 653 Chapter 14. Committee members receive a per diem and expenses.



The committee held four meetings in 2016 and met with 27 program participants. Staff members conducted field visits with 16 participants. The program’s budget of \$213,141 in FY2018 is funded entirely with licensure fees. Licensees do not pay additionally to participate in the program, but they are responsible for all costs associated with drug screening, therapy, treatment and so forth.

Staff members of the Board manage the program and meet with the participants in the field to ensure compliance. The committee’s co-chairs and legal counsel provide guidance on case issues. **Members of the committee in 2017:**

- Lester Yen, M.D., West Des Moines, co-chair
- Raymond Harre, M.D., Davenport, co-chair
- Eric Boyum, M.D., Oskaloosa
- Kim Brangoccio, LMFT, CEAP, IAADC, Booneville
- Jeanine Freeman, J.D., Des Moines
- Jeff Kerber, Ph.D., West Des Moines, licensed marriage and family therapist
- Sasha Khosravi, D.O., Grimes
- Jeffrey Means, M.Div., Ph.D., Des Moines
- Mark Bowden, M.P.A., executive director, Board of Medicine

Amy Van Maanen, L.B.S.W., is the program’s coordinator and Emily Zalasky, L.B.S.W., is the program’s case manager. Sara Scott, an Assistant Iowa Attorney General, provides legal counsel for the program and the committee.

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(TOTALS ON DECEMBER 31)	2016	2017	(PARTICIPANTS' DIAGNOSES)	2016	2017
Active Participants	50	45	Substance use	13	11
In review for eligibility	8	13	Mental health	8	7
Physicians	47	49	Physical condition	2	1
Resident physicians	11	8	Multiple diagnoses	27	25
Discharged	37	37			
Noticed for violations	5	4			